

# **Power, Truth, Love....and Joy: An Empowerment Workshop for Women**

**Presenter Charlotte Kasl PH.D.**

Drawing from Charlotte's 16 Step empowerment model and ego-state therapy, we will learn how to go under our fears and find our core self. We will tap into our creativity, joy and ability to be proactive in our lives. This empowerment is available to each of us and is at the heart of healing from trauma, addiction and depression.

Find out what alcohol dependence is, and what problems caused by...DEPRESSION is a common cause of alcoholism as the depressed person.

**July 1, 2, 3, 2011**

**Eagle Healing Lodge**

**Lunch and Snacks will be provided**